

# Mission Statement

To provide a Horse Medicine Program that incorporates CTUIR horse culture with Behavioral Health services.

# Philosophy

Preserving horse tradition and culture through healing and support.

# Vision

Creating a sustainable Behavioral Health horse program for the people of the CTUIR. A program that will develop into a multi-activity facility that promotes horse heritage.



**YELLOWHAWK**  
TRIBAL HEALTH CENTER

# K'usiinmí Tawtnúkt Program

46314 Timine Way  
Pendleton, OR 97801

541-966-9830

**MONDAY-FRIDAY**  
7:30 AM - 4:00 PM

**TUESDAY**  
12:30 - 4:00 PM

SAMHSA Native Connections Grant  
SM63493



# K'USIINMÍ TAWTNUKT PROGRAM

**HORSE MEDICINE**





# K'USIINMÍ TAWTNÚKT

Horse Medicine involves engaging in various activities and tasks with a horse, such as walking (leading), grooming, riding and feeding, under the supervision of a Behavior Health staff member certified in Becoming One with the Spirit of the Horse, LLC, with Jon Eagle Sr.



Equine therapy is a unique form of therapy that allows people to seek relief from mental health/substance use problems by spending time interacting and communicating with horses.



This form of therapy has been proven to be helpful for managing conditions like anxiety, depression, stress, trauma, and substance use disorders, so if you or a loved one are struggling with any of these issues, Horse Medicine could be a great help.



The K'usiinmí Tawtnúkt "Horse Medicine" Program Services will be available to eligible patients of the Yellowhawk Tribal Health Center-Behavioral Health Department.

Qualified patients will work with a Chemical Dependency or Mental Health counselor to create a Treatment Plan. This criteria will measure goals fitted to meet the needs of each patient.



Horse Medicine is an 8-10 week (session) program and is suitable for individual or group sessions.

Some items covered in the program curriculum include:

- **CTUIR HORSE HISTORY**
- **HORSE SAFETY**
- **ARENA DUTIES**
- **HORSE ACTIVITIES**

For more information, contact the Behavioral Health Department.

CHECK OUT THEIR WEBSITE AT:

**[becomingonewiththespiritofthehorse.com](http://becomingonewiththespiritofthehorse.com)**