



YELLOWHAWK
TRIBAL HEALTH CENTER
MEDICAL DEPARTMENT

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PATIENTS - PLEASE READ!

CLINICAL BULLETIN

New Practice changes in the Treatment of Asthma

At Yellowhawk Tribal Health Center (Yellowhawk) we strive to stay ahead of changes in medical treatments for our patients. We want you to have the best medical information available to help you make the best decisions about your healthcare.

The Global Initiative for Asthma (G.I.N.A), composed of the World Health Organization (WHO) and U.S. National Heart, Lung and Blood Institute (U.S. NHLBI) recently announced results that show some treatments in asthma management may not be as helpful as they previously thought and in some cases may be harmful. The most important recommendation from the new information is about the use of the rescue or reliever medication, Albuterol (also known as, Proair, Ventolin, or Proventil).

Asthma is the most common chronic non-contagious disease that we know of. It affects more than 260 million people worldwide. These new guidelines suggest that for some patients, different treatment options may lead to better outcomes and even improved asthma control.

Asthma may cause variable breathing symptoms such as wheezing, shortness of breath, chest tightness and/or coughing. It is related to allergies, and can be brought on by air temperature changes, exercise, or things in your environment. Symptoms may be mild or severe, and there are many ways that doctors treat asthma using inhaled medications and sometimes, pills. Asthma is usually mild and easy to control but, it can become life-threatening.

Yellowhawk Medical staff are reviewing current care plans for our asthmatic patients and will be offering other options to those who may benefit. We will be contacting our patients with asthma in the next few weeks, to months, to discuss their asthma treatment plan.

It is our hope that by using this new information, our patients will be able to breathe easier.

For questions, concerns, or to schedule an appointment to discuss your asthma management please call Yellowhawk Medical Reception at 541.240.8661.



Thank You!