



## Do you know the Symptoms of Hair Lice?

- ✓ Intense itching on the scalp
- ✓ Tickling feeling from movement of hair
- ✓ Sores on scalp, neck, shoulders
- ✓ May be confused for dandruff

### Treatment:

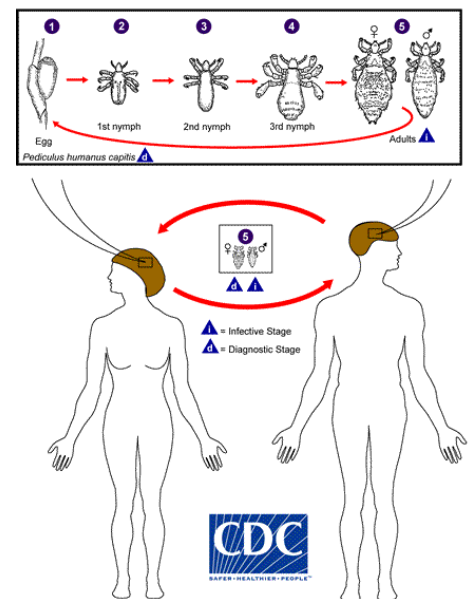
- If Yellowhawk eligible you may get NIX treatment through the pharmacy
- NIX treatment available at various stores locally

**Treat the infested person(s):** Requires using an Over-the-counter (OTC) or prescription medication. Follow these treatment steps:

- Before applying treatment, it may be helpful to remove clothing that can become wet or stained during treatment.
- Apply lice medicine, also called pediculicide, according to the instructions contained in the box or printed on the label. If the infested person has very long hair (longer than shoulder length), it may be necessary to use a second bottle. Pay special attention to instructions on the label or in the box regarding how long the medication should be left on the hair and how it should be washed out.

Head lice do not survive long if they fall off a person and cannot feed. Follow these steps to help avoid re-infestation by lice that have recently fallen off the hair or crawled onto clothing or furniture.

1. Machine wash and dry clothing, bed linens, and other items that the infested person wore or used during the 2 days before treatment using the hot water (130°F) laundry cycle and the high heat drying cycle. Clothing and items that are not washable can be dry-cleaned **OR** sealed in a plastic bag and stored for 2 weeks.
2. Soak combs and brushes in hot water (at least 130°F) for 5–10 minutes.
3. Vacuum the floor and furniture, particularly where the infested person sat or lay. However, the risk of getting infested by a louse that has fallen onto a rug or carpet or furniture is very small. Head lice survive less than 1–2 days if they fall off a person and cannot feed; nits cannot hatch and usually die within a week if they are not kept at the same temperature as that found close to the human scalp. Spending much time and money on housecleaning activities is not necessary to avoid re-infestation by lice or nits that may have fallen off the head or crawled onto furniture or clothing.
4. Do not use fumigant sprays; they can be toxic if inhaled or absorbed through the skin.



## How is hair lice spread?

- Head to head contact
- Sharing clothing such as hats, scarves, coats, hair ribbons or clips
- Do not share combs, brushes, or towels
- Do not lie on beds, couches, pillows, carpets, or stuffed animals that have recently been in contact with an infected person.

## Prevention for spread after infestation:

- Complete hair check on other individuals in the household
- Avoid hugging or close contact
- Your whole family may need to be treated to prevent re-infestation

