



**March 2022**  
**Volume 1**  
**Issue 3**

# TRIBAL HEALTH COMMISSION NAMES HINES CEO

*The CTUIR Tribal Health Commission selected a permanent Yellowhawk Tribal Health Center Chief Executive Officer (CEO) on February 1.*

*The selection of Aaron Hines as the new Yellowhawk CEO was announced by Commission Chair, Shawna Gavin, during the quarterly all-staff meeting.*

*"We are excited to announce the selection of Aaron Hines as the permanent CEO. Aaron has served as the Interim for the past several months and proved to be an asset and leader for Yellowhawk. We (the Commission) are excited and looking forward to the outlook that Aaron brings, he has a fresh take on our vision and work, and we are excited to have the opportunity to continue working with him directly," Chair Gavin said.*

*Hines has worked for the CTUIR in different capacities for nearly 18 years. He served on the CTUIR's governing body, the Board of Trustees (BOT) from 2009-2015 as the General Council Chair for two terms and the Treasurer for one. During his time on the BOT, he was elected to the Affiliated Tribes of Northwest Indians board as the 1st Vice President and also served as alternate Northwest Area Vice President for the National Congress of American Indians Board of Directors. Hines has also served on various CTUIR committees, commissions and boards, including the Health Commission.*

*He currently serves as the Vice President of the Nixyaawii Community Financial Services board. Hines was appointed to and currently sits on the Oregon Healthcare Workforce Committee. He holds a Bachelor of Science degree in Business Administration with a concentration in Leadership, Organization and Management from Eastern Oregon University. He is currently pursuing the Healthcare MBA from Oregon Health and Science University and Portland State University.*



*Hines spoke to his team after thanking the Commission, "I am hopeful and grateful for the opportunity to serve in this capacity. I am honored to work with such an amazing team here at Yellowhawk. I know there has been a lot of uncertainty with this pandemic, but I've seen our staff continue to step up and help out to get the job done. I greatly appreciate their work and I truly value each and every one of our staff members. This is a great team and I am honored to serve them and our community. I look forward to working with our team to address the needs of patients and continue to provide high quality healthcare. This pandemic has thrown a wrench into our daily lives, but we have learned how to maneuver around it and keep our community safe."*

Tribal  
 Health  
 Commission

**Althea Huesties-Wolf**  
 Chair

**Denise Wickert**  
 Vice Chair

**Dara Williams-Worden**  
 Secretary

**Members:**  
**Shawna M. Gavin**  
**Martina Gordon**  
**Robin Turk**

**Sandra Sampson**  
 BOT Representative

**SAVE THE DATE - CAREER FAIR APRIL 5!**

# PHYSICAL THERAPY



*Our experienced Physical Therapy team strives for excellence by providing an evidence based approach to achieve the best possible outcomes for our patients. Our patient-centered approach uses research based therapy techniques to improve our patients' health and wellness while providing guidance to reach your Physical Therapy goals.*

*Our new service is offered to eligible patients who have a referral from their Yellowhawk Primary Care Provider (PCP).*

## PATIENT MEDICAL BULLETIN

*At Yellowhawk Tribal Health Center (Yellowhawk) we strive to stay ahead of changes in medical treatments for our patients. We want you to have the best medical information available to help you make the best decisions about your healthcare.*

*The Global Initiative for Asthma (G.I.N.A), composed of the World Health Organization (WHO) and U.S. National Heart, Lung and Blood Institute (U.S. NHLBI) recently announced results that show some treatments in asthma management may not be as helpful as they previously thought and in some cases may be harmful. The most important recommendation from the new information is about the use of the rescue or reliever medication, Albuterol (also known as, Proair, Ventolin, or Proventil).*

*Asthma is the most common chronic non-contagious disease that we know of. It affects more than 260 million people worldwide. These new guidelines suggest that for some patients, different treatment options may lead to better outcomes and even improved asthma control.*

*Asthma may cause variable breathing symptoms such as wheezing, shortness of breath, chest tightness and/or coughing. It is related to allergies, and can be brought on by air temperature changes, exercise, or things in your environment. Symptoms may be mild or severe, and there are many ways that doctors treat asthma using inhaled medications and sometimes, pills. Asthma is usually mild and easy to control but, it can become life-threatening.*

*Yellowhawk Medical staff are reviewing current care plans for our asthmatic patients and will be offering other options to those who may benefit. We will be contacting our patients with asthma in the next few weeks, to months, to discuss their asthma treatment plan.*

*It is our hope that by using this new information, our patients will be able to breathe easier.*

*For questions, concerns, or to schedule an appointment to discuss your asthma management please call **Yellowhawk Medical Reception at 541.240.8661.***

# EMPLOYEE SPOTLIGHT



**Employee Name:** Zelda Bronson

**Years of Service:** 20 as of 2021

**Positions Held at Yellowhawk:** Ward Clerk in the Medical Dept., Medical Records/Patient Registration Supervisor, Utilization/(Reconstructed) Patient Care Coordinators Supervisor, Utilization/PRC clerk, Utilization/Eligibility Coordinator Supervisor 2017 to present, Utilization/Eligibility Coordinator Supervisor/Referral Coordinator Supervisor 2021 to present.

**Your Favorite Role at Yellowhawk:** I feel like each role I've had here at Yellowhawk has added to my base knowledge, which in turn aids me in being able to either help our patients or at least know where to direct a patient to who can best help them with their needs. The employees I'm working with right now have the same work ethic and dedication to our patients that I have, making this work environment a wonderful place to be every day.

**What is your "happy place":** Spending time with Ike and my family and friends, creating beadwork projects and working outside at home.

**What is something that most people don't know about you?** My grandfather was YiixYix KashKash, which means yellow or red hawk, Sam KashKash, my grandmother was Ella KashKash. My dad was James Bronson Sr. and mother is Sara KashKash-Jones. I had a wonderful childhood being raised here at the foothills of the Blue Mountains with all my cousins, my siblings and friends.

**Describe Yellowhawk in three words:** Patients Come First. We are here to help patients where we can.

*Thank You!*

## PROBLEM GAMBLING AWARENESS MONTH

Life Doesn't Get Better By CHANCE.  
It Gets Better By CHANGE.

OF ALL GAMBLING STRATEGIES, KNOWING  
WHEN TO QUIT MAY BE THE BEST

GAMBLING IS AN ADDICTION  
RECOVERY IS POSSIBLE  
HELP IS AVAILABLE  
THERE IS HOPE

For more information contact Yellowhawk Tribal Health Center  
Behavioral Health Problem Gambling Program  
541.240.8670



# NUTRITION MONTH

During the month of March, everyone is invited to learn more about making informed food choices and developing healthful eating and physical activity habits. Here are some easy habits to start working on, building the foundation to healthier living.

- **Week 1** - Eat a variety of nutritious foods
- **Week 2** - See a Registered Dietitian Nutritionist (RDN)
- **Week 3** - Plan your meals and snacks
- **Week 4** - Create tasty foods at home

For more information, please contact Dusty Dressler, RDN  
DustyDressler@yellowhawk.org or 541.240.8524



**March is Read Across America month, join our ILAUNCH team with Family Literacy Night on March 17!**



## Family Cooking Class **LET'S GET COOKING**

SHARE COOKING SKILLS. MAKE A NUTRITIOUS MEAL. HAVE FUN WITH YOUR FAMILY.

**MARCH 16, 2022**

**4:30 - 6 PM**

**YELLOWHAWK TRIBAL HEALTH CENTER  
LAXSÍMWIT ROOM**

SPACE IS LIMITED | SOCIAL DISTANCING & MASKS REQUIRED | 1 HOUSEHOLD PER TABLE

**MARCH IS NATIONAL NUTRITION MONTH  
FOCUS ON NUTRITION TO HELP KEEP YOUR FAMILY HEALTHY**

### REGISTER

ALISA PORTLEY-WHITE 541.240.8521  
ALISAPORTLEY@YELLOWHAWK.ORG



**YELLOWHAWK**  
TRIBAL HEALTH CENTER



1972 - 2022



JOIN US IN CELEBRATION

*Save the Date!*  
**MAY 3, 2022**



Yellowhawk Tribal Health Center  
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Pendleton, OR 97801  
[www.yellowhawk.org](http://www.yellowhawk.org)