YOUR MEDICAL TEAM

Located on the Confederated Tribes of the Umatilla Indian Reservation, Yellowhawk Tribal Health Center is 7 miles east of Pendleton, Oregon.

Yellowhawk Tribal Health Center has met the standards of care to be recognized as a patient-centered medical home by the Oregon Health Authority and the Accreditation Association for Ambulatory Health Care.

HOW TO REACH YOUR HEALTH CARE TEAM FOR ACCESS TO YOUR CARE:

TEAM WINDE

JAMES WINDE, MD

Monday	Out of Office
Tuesday	1:00 PM–5:00 PM
Wednesday	7:30 AM–5:00 PM
Thursday	7:30 AM–5:00 PM
Friday	7:30 AM–5:00 PM

REFERRALS

LaShay Miller
541.240.8655

Carrie Walker
541.240.8562

MEDICAL ASSISTANT OR NURSE

Ally Schonert, CMA
541.240.8638

LeAnn Alexander, RN
541.240.8414

Our vision is to aid our Tribal community to achieve optimal health through a culture of wellness.

It is our mission to empower our Tribal community with opportunities to learn and experience healthy lifestyles.

CONTACT US

46314 Timíne Way
PO Box 160
Pendleton, OR 97801
541.966.9830
info@yellowhawk.org
www.yellowhawk.org

Medical Reception: 541.240.8499

Callers with life-threatening emergencies, call 911 or visit the nearest emergency room immediately. When Yellowhawk is closed, service providers available are urgent care clinics located in the local or surrounding area.

After Hours Nursing Advice:
541.966.9830

For prescription refills call:
541.240.8690

YELLOWHAWK
TRIBAL HEALTH CENTER

YOUR CARE.
YOUR VOICE.
YOUR TEAM.

YOUR MEDICAL HOME

AAAHC
ACCREDITATION ASSOCIATION *for* AMBULATORY HEALTH CARE, INC.

WHAT IS A PATIENT-CENTERED MEDICAL HOME?

Patient-centered means that you and your health are the focus of your health care team.
Medical home begins with your primary care clinic, where a team of professionals work together to provide you with a new, expanded type of care.
Patient-centered medical home is a care approach that brings together an expert team focused on you.

Your medical home includes:

- You
- Your primary care provider
- Other members of your health care team including:
  - Medical assistants
  - Referral coordinators
  - Nurse case managers
  - Pharmacists
  - Health educators
  - Behavioral Health specialists
  - Public Health providers

Coordination of all your care, including:

- Primary care
- Hospital care
- Specialty care
- Community services and resources
- Access to your health care team

PATIENT CENTERED
PRIMARY CARE HOME PROGRAM

YOUR HEALTH CARE TEAM PROMISES TO:

- Partner with you to help you meet your health care goals
- Listen to health concerns that are important to you
- Include you in decisions about your health care
- Explain your health care instructions
- Answer your health care questions
- Coordinate your health care needs, including prescriptions, lab work and specialty care
- Respect your cultural background

What is your role on the health care team?

- Be an active partner in your care.
- Learn what you can do to stay as healthy as possible.
- Follow the plan that you and your health care team have agreed is best for you.

IF YOU HAVE QUESTIONS PLEASE ASK YOUR PROVIDER

When you come to your next appointment...

Bring a list of:

- Important things you want to discuss with your provider
- Any medication changes since your last visit, including prescriptions, over-the-counter medications and herbal supplements
- Significant changes in your health since your last clinic visit, such as changes to your diet, breathing, skin or sleep

Bring health forms for your provider to review.

Let your team know if you need a prescription medication refill.

Tools you can use between appointments:

- Review any notes from your visit
- Track your health goals regularly
- Keep a list of all your medications