

## ABOUT US

Located on the Confederated Tribes of the Umatilla Indian Reservation, Yellowhawk Tribal Health Center is 7 miles east of Pendleton, Oregon.

Yellowhawk has been owned and governed by the CTUIR since 1996. Yellowhawk is more than a healthcare clinic; it operates as a non-profit organization that offers an array of programs and services to its community. The CTUIR Tribal Health Commission, Yellowhawk's governing body, is comprised of local tribal members as well as one CTUIR Board of Trustees representative. The Health Commission creates policies (subject to the Board of Trustees' approval) and works closely with the Management Team to develop a three year strategic plan in conjunction with an Annual Work Plan for Yellowhawk's success.

Yellowhawk promotes the wellness of Tribal members and other eligible patients through a Patient-Centered Medical Home, which includes providing and coordinating medical and dental services, mental and behavioral health counseling services, health promotion, disease and substance abuse prevention, community education and training to its patients.



ACCREDITATION ASSOCIATION  
for AMBULATORY HEALTH CARE, INC.



AFTER HOURS NURSING  
TELEPHONE ADVICE: 541.966.9830

Our vision is to aid our Tribal community to achieve optimal health through a culture of wellness.

It is our mission to empower our Tribal community with opportunities to learn and experience healthy lifestyles.



## CONTACT US

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PO Box 160  
Pendleton, OR 97801  
541.966.9830  
info@yellowhawk.org  
www.yellowhawk.org

**DIRECT: 541.240.8565**

Callers with life-threatening emergencies, call 911 or visit the nearest emergency room immediately. When Yellowhawk is closed, service providers available are urgent care clinics located in the local or surrounding area.

For after hours assistance with a mental health crisis, please call 988 or text HELLO to 741741 or contact Community Counseling Solutions at 541.240.8030

National Suicide Prevention  
Lifeline 800.273.TALK  
(8255), or 911.



**YELLOWHAWK**  
TRIBAL HEALTH CENTER

## OPTOMETRY

*Yellowhawk provides high-quality, wrap around healthcare for the Confederated Tribes of the Umatilla Indian Reservation (CTUIR) and other eligible American Indians and Alaska Natives.*

*A service of our  
Allied Health Services  
Department*



# OPTOMETRY

## What is a doctor of optometry?

Doctors of optometry are the leaders in primary eye health care, helping patients and their families take the first step toward healthier eyes and healthier bodies. If a disease or other condition(s) are detected, doctors of optometry can help navigate patients to the next steps in official diagnosis and treatment. Prevention plans for our patients are part of our wraparound care plan.

## Comprehensive Eye Exam

The importance of comprehensive eye exams with a doctor of optometry is about more than blurry vision. Vision changes over time and more than 16 million Americans struggle with undiagnosed or untreated vision impairments, which a comprehensive eye exam could have detected. Each day, America's primary eye health care providers examine asymptomatic patients who come in for comprehensive eye examinations, only to then diagnose them with serious eye and health issues ranging from glaucoma and macular degeneration to STDs, brain tumors and other conditions.

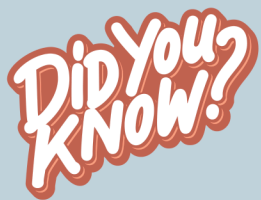
# WHAT IS A COMPREHENSIVE EYE EXAM?

In-person, comprehensive eye exams are one of the most important, preventive ways to preserve vision and overall health. During the exam, the doctor checks not only visual acuity through refraction but also the health of your eyes, eye tissue and other diseases. Each patient's symptoms will determine what tests are conducted. Our experienced doctors of optometry will offer their best professional judgment to ensure the best care and prevention plan for each patient.

An in-person, comprehensive eye exam with a doctor of optometry is the medically recognized standard to assure precise and healthy vision. Our doctors will identify and treat diseases such as glaucoma, a leading cause of blindness. In addition, eye exams safeguard overall health by enabling the doctor to detect more than 270 serious health conditions including diabetes, high blood pressure, autoimmune diseases and cancers.

# OUR SERVICES

- Comprehensive eye care for patients of all ages
- Vision and medical eye care services
- Diabetic eye exams
- Pediatric eye exams
- Treatment of acute eye conditions such as injuries or infections
- Management of chronic eye disease such as glaucoma or cataracts
- Advanced diagnostic testing and imaging
- Exam and prescription for eye glasses and contact lenses
- Fitting and repair of quality eye wear



*In 2018, doctors of optometry identified signs of diabetes in more than 301,000 patients who did not know they had the condition.*

**WE SEE PATIENTS BY APPOINTMENT.  
PLEASE CALL AHEAD IF YOU THINK YOU WILL BE LATE. WE  
APPRECIATE 24 HOURS NOTIFICATION OF CANCELLATIONS.**

**MORE HEALTHY EYE FACTS & INFORMATION AT [WWW.AOA.ORG](http://WWW.AOA.ORG)**

**PATIENT  CENTERED**  
PRIMARY CARE HOME PROGRAM

