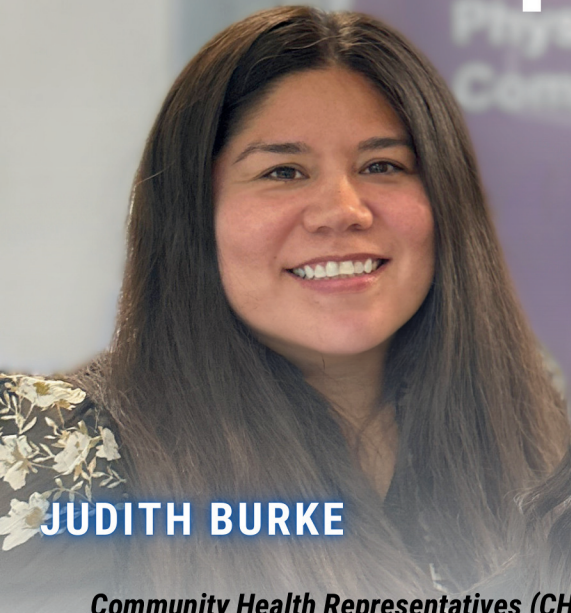


Meet Our Community Health Representatives



JUDITH BURKE

MONTIA RABOIN-SMITH



Community Health Representatives (CHRs) increase access to healthcare, health literacy and resources through the following activities for Elder's and other eligible persons receiving services at Yellowhawk Tribal Health Center.

Self-Measured Blood Pressure Program. Persons identified with high blood pressure and seeing their PCP are eligible to receive a referral into this program. Participants receive a loaner blood pressure cuff, blood pressure log, education and resources with the goal of gaining control of their high blood pressure. Typical duration of the program is 2 weeks.



HOME VISITS

Home visits are linked to a plan of care. Education is focused on individual needs. Vital signs, connection to resources and assessment of other needs.



HEALTH SCREENINGS & EDUCATION

CHRs can offer a variety of health promotion and disease prevention educational opportunities at events, in the workplace or school setting.

"Your Health is Our Priority"



MEDICATION DELIVERY

Persons who are homebound or have difficulty leaving the home may call the pharmacy and request their medications to be delivered to their home.



NON-EMERGENCY MEDICAL TRANSPORT

Medical Transports are scheduled in advance. The CHR is able to attend the appointment with the client only if they wish them to. Family members or a caregiver are highly encouraged to attend.



FALL PREVENTION

In home assessment and education related to fall risk factors such as medication, chronic conditions, balance, physical abilities and environment.



CONNECT AMERICA

CHRs can assist Elder's with a history of fall, near falls or risk of falls to set up this medical alert system. Connect America provides continuous in home and mobile monitoring.

Non-Medical Transport: Non-medical transports are related to food security and connection to resources. Non-medical transports are planned scheduled trips to grocery shopping, food distribution, social security office and other agencies necessary for the client's well-being. This may include exercise classes or groups to support the client's health.

