



June 2024

Nicht-Yow-Way Senior Center | 541.240.8700 | yellowhawk.org/senior-center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 YELLOWHAWK TRIBAL HEALTH CENTER	Elders 55+ Caregivers: Free Guests: \$5.00	LUNCH SERVED: Monday - Friday 11:30 AM - 1 PM <i>*when Yellowhawk is open</i>		
3	4	5	6	7
Chicken Parmesan Herbed Pasta Roasted Green Beans Cucumber/Radish Salad Fruit	Tuna Salad Wrap Roasted Sweet Potatoes Cucumber salad Fruit	Salisbury Steak Mashed Potatoes & Gravy Roasted Cauliflower Tomato Salad Fruit	Minestrone Soup Cheesy Bread Salad Fruit Salad	Chicken & Dumpling Casserole Spinach Salad Cottage Cheese Peaches
10	11	12	13	14
CLOSED IN OBSERVANCE OF HOLIDAY	Hot Dogs w/ Fixings Mac Salad Chips Veggie Cup Birthday Cake/Fruit	Lemon Pepper Fish Wild Rice Mixed Veggies Coleslaw Fruit	Southwest Chicken Salad Guac/Sour Cream/Chips Frozen Dessert Fruit	Pork Chops Au Gratin Potatoes Roasted Broccoli Green Salad Fruit
17	18	19	20	21
Chicken Tenders Mac n Cheese Roasted Broccoli Patio Salad Fruit	Lasagna Breadsticks Green Beans Marinated Salad Melon Bowl	Sausage French Toast Sweet Potato Hash Yogurt Fruit	Salmon Herbed Potatoes Peas Coleslaw Strawberry Shortcake	CLOSED IN OBSERVANCE OF HOLIDAY
24	25	26	27	28
BBQ Chicken Rice Pilaf Broccoli Spinach Salad Fruit	Pizza Salad Brownie Fruit	Roast Pork Loin Roasted Baby Potatoes Green Beans Coleslaw Fruit	Chicken Fajita Salad Guac/Sour Cream/Chips Elote Casserole Fruit Salad	Burger Mac n Cheese Roasted Asparagus Green Salad Fruit