

## ABOUT US

Located on the Confederated Tribes of the Umatilla Indian Reservation, Yellowhawk Tribal Health Center is 7 miles east of Pendleton, Oregon.

Yellowhawk has been owned and governed by the CTUIR since 1996. Yellowhawk is more than a healthcare clinic; it operates as a non-profit organization that offers an array of programs and services to its community. The CTUIR Tribal Health Commission, Yellowhawk's governing body, is comprised of local tribal members as well as one CTUIR Board of Trustees representative. The Health Commission creates policies (subject to the Board of Trustees' approval) and works closely with the Management Team to develop a three year strategic plan in conjunction with an Annual Work Plan for Yellowhawk's success.

Yellowhawk promotes the wellness of Tribal members and other eligible patients through a Patient-Centered Medical Home, which includes providing and coordinating medical and dental services, mental and behavioral health counseling services, health promotion, disease and substance abuse prevention, community education and training to its patients.



ACCREDITATION ASSOCIATION  
for AMBULATORY HEALTH CARE, INC.



AFTER HOURS NURSING  
TELEPHONE ADVICE: 541.966.9830

Our vision is to aid our Tribal community to achieve optimal health through a culture of wellness.

It is our mission to empower our Tribal community with opportunities to learn and experience healthy lifestyles.



## CONTACT US

46314 Timíne Way  
PO Box 160  
Pendleton, OR 97801  
541.966.9830  
info@yellowhawk.org  
www.yellowhawk.org

**DIRECT: 541.240.8499**

Callers with life-threatening emergencies, call 911 or visit the nearest emergency room immediately. When Yellowhawk is closed, service providers available are urgent care clinics located in the local or surrounding area.

For after hours assistance with a mental health crisis, please call 988 or text HELLO to 741741 or contact Community Counseling Solutions at 541.240.8030

National Suicide Prevention  
Lifeline 800.273.TALK  
(8255), or 911.

# WOMEN'S HEALTH



YELLOWHAWK  
TRIBAL HEALTH CENTER



*Yellowhawk provides high-quality, wrap around healthcare for the Confederated Tribes of the Umatilla Indian Reservation (CTUIR) and other eligible American Indians and Alaska Natives.*



## ABOUT OUR WOMEN'S HEALTH TEAM

### **METHODS & EDUCATION**

Yellowhawk Women's Health offers a broad array of Women's Health Services including age appropriate well women examinations and screening, STI screening and treatment, birth control, menopausal care, infertility care, female incontinence evaluation and treatment, pelvic pain evaluation and treatment, menstrual disorders care and obstetrical care.

Women have certain health care needs at all stages of life. We would like to participant in your care by listening to your concerns, assess acute and chronic conditions and refer to specialists or your primary care provider when needed. Our role is to take initiative to maintain your best health and support you.

The Yellowhawk Medical and Women's Health Team are dedicated to helping you receive comprehensive whole person healthcare.

*\*standing orders required*

## HOW IT WORKS AT YELLOWHAWK

It is important to maintain or improve one's health. When our health has been impacted, it is important to address the issues and concerns to protect your health and well-being.

Preventative care includes gynecological checkups, cancer screenings and tests, sexually transmitted infections (STI) testing and being current on immunizations.

Call one of our Medical Receptionist to schedule an appointment. Please provide a brief reason for appointment to inform the provider what the visit will be about. We understand concerns may be too sensitive to share. If this is the case ask to speak with our women's health Registered Nurse (RN) who will help in allowing enough time for the appointment to address your concerns.

For testing services (pregnancy, STI, etc.) contact the women's health RN or your primary care provider (PCP) RN for coordination of care.

## OUR SERVICES

Yellowhawk provides a women's health clinic addressing a wide range of specialties and focus areas such as age related concerns, obstetrics, cancer prevention, birth control, bladder care, and sexual health.

- Gynecological checkups
- Cancer screenings and tests
- Sexually transmitted infections (STI) testing
- Immunizations
- Same day evaluation for UTI
- Vaginitis evaluation
- Emergency contraception\*
- Pregnancy testing
- Pregnancy care includes an initial appointment with the provider at 12 weeks

**WE SEE PATIENTS BY APPOINTMENT.  
PLEASE CALL AHEAD IF YOU THINK YOU WILL BE LATE.  
WE APPRECIATE 24 HOURS NOTIFICATION OF  
CANCELLATIONS.**

**PATIENT  CENTERED**  
PRIMARY CARE HOME PROGRAM

