

HAIR LICE

are parasitic insects that feed on human blood. You can find them mostly on your head, but also on your eyebrows and eyelashes.



YELLOWHAWK PUBLIC HEALTH, 541.240.8697

Head lice mainly spread by direct contact with the hair of a person infested with lice. Head lice move by crawling; they cannot hop or fly. Adult lice can live on a person's head for about 30 days. However, they will die within two days if they fall off a person and cannot feed.

Symptoms of Hair Lice:

- Intense itching on the scalp
- Tickling feeling from movement of hair
- Sores on scalp, neck, shoulders
- May be confused for dandruff

Yellowhawk eligible patients may stop by our pharmacy for NIX.



Using a lice comb is crucial for treatment!

PREVENTION & TREATMENT

- Avoid head-to-head (hair-to-hair) contact
- Do not share clothing such as hats, scarves, coats, sports uniforms, hair ribbons, or barrettes.
- Both prescription and over-the-counter medications treat head lice infestations.

Machine wash and dry clothing, towels, bed linens, and other items that a person infested with lice wore or used during the two days before treatment. Use the hot water (130°F) laundry cycle and the high heat drying cycle. If you can't wash or dry clean items, seal them in a plastic bag and store them for two weeks. For best results, combine medication, extensive combing, and cleaning.